

# DISCUSSION GUIDE

- Icebreaker -

What is the craziest place you have gone to by taking a wrong turn while driving?

- 1. How have you seen wisdom and good sense impact your family and what has your role been in that? Read <u>Proverbs 24:3</u>.
- 2. Read <u>Ephesians 5:25</u> and <u>Philippians 2:5-8</u>. What are some of the real life ways Christ loved His Church and what does that look like in a marriage relationship?
- 3. Read <u>1 Peter 3:7</u> and <u>Ephesians 5:28-33</u>. God's view on how a husband is to treat his wife is clear. In light of this, what will it look like this week to up your game in honoring your wife? (For the women in the group, what would make you feel honored?)
- 4. One of the beautiful differences God created in men and women are the way feelings are processed, and wives want, and need, to be cherished (To feel that she is more important to her husband than anything else.) How are you cherishing your wife? (If you're single, how will you cherish your future wife?)
- 5. Scripture is clear that if we ignore God's plan for marriage, it damages our relationship with Him as well. What next steps do you need to take this week to advance your relationship with God while simultaneously improving your marriage?





**"DO YOU PROMISE...?"** NOV 13, 2022 PASTOR TOM LUNDEEN

Day One: <u>Mark 6</u> Day Two: <u>Genesis 34</u> Day Three: <u>2 Corinthians 2</u> Day Four: <u>2 Peter 2</u> Day Five: <u>Job 34</u>

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System

PERSONAL GUIDE

# MYRC.CHURCH



# "DO YOU PROMISE...?"

#### Pastor Tom Lundeen

This series is for everyone...(\_\_\_\_\_% of Americans get married at least once). The family is God's \_\_\_\_\_\_ and creation (note Genesis 2) despite the family being under constant assault...

We all live in a society that \_\_\_\_\_\_ studies have shown will benefit from healthy families (note <u>Proverbs 24:3</u>).

In general, marriage seems to increase the earning power of men on the order of 10 to 24 percent. This is what scholars call men's "marriage \_\_\_\_\_\_." Research suggests that men who get and stay married live almost ten years longer than their unmarried peers. (National Review)

Married men are more likely to receive regular checkups and medical care, maintain healthy diets, exercise, and enjoy higher standards of living. In addition, married men benefit from lower levels of \_\_\_\_\_\_ and fewer \_\_\_\_\_\_-related diseases. They also receive better care during times of illness. (Population Reference Bureau)

Note 1 Peter 3:7

How I treat my wife directly impacts the \_\_\_\_\_\_ of my prayers.

# **1.** Husbands, Love Your Wives

#### Note Ephesians 5:25

The example of Jesus' love being the goal for a husband to give his wife is an awesome and genuinely overwhelming one for any thoughtful and \_\_\_\_\_\_-minded man.

Note Philippians 2:5-8

\_\_\_\_\_ for the highest good.

Note 1 Corinthians 13:5; Colossians 3:19; Ephesians 5:18; Galatians 5:22a

## 2. Husbands...Honor Your Wives... (note <u>1 Peter 3:7</u>)

#### Note Ephesians 5:28-33

Since the marriage relationship	the husband and wife into
a one flesh experience, and since marriage is a _	of two
parts of humanity, it only makes sense (is	) to treat well
the one who has become a part of himself.	

"Weaker partner" is not a reference to moral stamina, strength of character, or mental capacity, but most likely \_\_\_\_\_\_ strength. (Burdick) ...honoring our wives means to value, to appreciate her value, to \_\_\_\_\_\_ her value.

# 3. Husbands...Cherish Your Wives... (note <u>1 Peter 3:7</u>)

Considerate = \_\_\_\_\_ of the needs and feelings of another. (Webster)

My wife's greatest need is to feel cherished. The feeling that she is more \_\_\_\_\_\_ to me than anyone or anything else. (Warren)

#### WHO'S RUNNING THIS SHOW?

- Men, some of us are \_\_\_\_\_\_ spiritually because of how we are treating our wives.
- Today is the day to be men of our \_\_\_\_\_\_ (keep our promises) by being men of God's \_\_\_\_\_\_ (putting into practice what God says to husbands).
- Some suggestions: hold her hand...
- ...\_\_\_\_ her...
- ...seek her out, set up a \_\_\_\_\_ night, do something (like run an errand) for her...
- Share how you're feeling and about your day...
- ...\_\_\_\_ and admit you were wrong...
- ...express \_\_\_\_\_\_ for all she does.

Tell someone about the next step you took today in your spiritual journey! Let us know, too, and fill out our connect card (digital\* or hard copy).



**SMALL GROUP** guide on the back

\*MYRC.LINK/CONNECT or text riverside to 94000



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We all live in a society that <u>objective</u> studies have shown will benefit from healthy families (note <u>Proverbs 24:3</u>).

In general, marriage seems to increase the earning power of men on the order of 10 to 24 percent. This is what scholars call men's "marriage <u>premium</u>." Research suggests that men who get and stay married live almost ten years longer than their unmarried peers. (<u>National Review</u>)

Married men are more likely to receive regular checkups and medical care, maintain healthy diets, exercise, and enjoy higher standards of living. In addition, married men benefit from lower levels of <u>stress</u> and fewer <u>stress</u>related diseases. They also receive better care during times of illness. (<u>Population Reference Bureau</u>)

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How I treat my wife directly impacts the <u>effectiveness</u> of my prayers.

### **1.** Husbands, Love Your Wives

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The example of Jesus' love being the goal for a husband to give his wife is an awesome and genuinely overwhelming one for any thoughtful and <u>spiritually</u>-minded man.

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<u>Choosing</u> for the highest good.

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Since the marriage relationship <u>unites</u> the husband and wife into a *one flesh* experience, and since marriage is a <u>reunion</u> of two parts of humanity, it only makes sense (is <u>logical</u>) to treat well the one who has become a part of himself.

"Weaker partner" is not a reference to moral stamina, strength of character, or mental capacity, but most likely <u>physical</u> strength. (Burdick) ...honoring our wives means to value, to appreciate her value, to <u>raise</u> her value.

# **3.** Husbands...Cherish Your Wives... (note <u>1 Peter 3:7</u>)

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