



Your *group* matters.

DISCUSSION GUIDE

- Icebreaker -

What is the best present you received while growing up?

1. In chapter 21, the author mentions how rules are nice, but they don't change hearts. Grace does. How has grace been extended to you and how has that experience changed you?
2. Pastor Tom summarized the past 6 weeks and challenged us to remember. How has God challenged how you think and how you act during this series?
3. Read [Ephesians 4:31](#). Pastor Tom stated that, "Anger has a definable progression." What have you learned about your anger during this journey, and what progress have you made in letting it go?
4. Forgiveness; surrendering my hurts to a sovereign God. What steps have you taken towards living in the hope of today vs. the hurt of yesterday?
5. Read [Romans 6:13](#). What perspectives, attitudes, or actions have you discovered which need to be submitted to the Holy Spirit?
6. Read [Ephesians 5:18](#). What would need to change for you to live each day in step with the Holy Spirit?

If you are not part of a small group, it's not too late to join one. Go to MYRC.CHURCH/GROUPFINDER and email a leader today!

WEEKLY READING

Read Chapters 21-24 (pages 163-204) of *Unoffendable* before you go to small group.



RIVERSIDE CHURCH



WHAT DOES IT MEAN TO BE...

UNOFFENDABLE?

OCTOBER 23, 2022

MYRC.CHURCH



"LOOKING BACK AND LOOKING AHEAD"

Pastor Tom Lundeen

MESSAGE NOTES

We live in a world where people are either _____ offended, or looking for ways to be offended.

Is it actually _____ to experience an unoffendable life?

1. Let's Remember

We're told _____ times in the Bible to remember (note [Isaiah 46:9](#); [John 14:26](#); [Psalm 103:2](#))

- A. Do we have things mixed-up? (note [James 1:19-20](#))
- B. How _____ is your anger? Is it making you more like Jesus and _____ others to Jesus? Our so-called "righteous anger" is always about someone else's _____ (i.e., "_____ -righteous" anger).
- C. What sets me off? = _____, fear, frustration, injustice.
- D. Anger has a _____ progression (note [Ephesians 4:31](#)).
- E. Our responses to anger = express, suppress, repress, or God's way, _____ it.
- F. How can we learn to let go of anger? = _____ my expectations of others and _____ my gratitude for God's grace.
- G. Who are *those people* and what's the _____ of not dealing with them God's way? (note [Ephesians 4:29-32](#)).
- H. We all tend to think of ourselves as being a bit above average and we always have to navigate the _____ between being right but always being loving and not jerks.
- I. _____ is a concealed marauder (note [Hebrews 12:14-15](#)) - it dies when we bring it into the _____.
- J. Forgiveness means I surrender my _____ to a sovereign God. I live in the _____ of today and not the hurt of yesterday.

Knowing these _____ is critical.

But where do we get the _____ to begin experiencing a more unoffendable life?

2. Be _____ With the Holy Spirit

- A. Confession and _____.
- B. We need to know _____ we are in Jesus (note [Romans 6:5-7](#)).
- C. We need to _____ that this truth is true for us (note [Romans 6:11](#)).
- D. We need to _____ *the parts of our body* to the Holy Spirit (note [Romans 6:13, 16-18](#)) - it is this offering of all that we are physically, mentally, and emotionally that is our _____ (note [Romans 6:19-22](#); [Galatians 5:25](#)).
- E. We need to _____ to be filled with the Holy Spirit (note [Ephesians 5:18](#) and [Luke 11:13](#)) - *to keep in step with the Spirit* is an act of trust in a _____ God who promises to give the Holy Spirit when we ask Him to take control.

CAN I LIVE AN UNOFFENDABLE LIFE?:

- Note [Ephesians 5:18](#)
- 2 Greek words for _____ - one means to fill a jar with a liquid...
- ...in Ephesians 5:18, the word conveys the idea of *to fill with* _____.
- Today is a great day to _____ into the Spirit-filled life!
- Have you personally embraced these true principles in God's Word and _____ asked God to fill you with the Holy Spirit?
- Is being filled with the Holy Spirit a regular, consistent experience in our lives, or is it an _____ spiritual step?
- Let God *fill your sails* and discover (or rediscover) the Spirit-filled life.

Tell someone about the next step you took today in your spiritual journey! Let us know, too, and fill out our connect card (digital* or hard copy).

*[MyRC.link/connect](#) or text **riverside** to **94000**



SMALL GROUP
guide on the back



"LOOKING BACK AND LOOKING AHEAD"

Pastor Tom Lundeen

MESSAGE NOTES

We live in a world where people are either perpetually offended, or looking for ways to be offended.

Is it actually possible to experience an unoffendable life?

1. Let's Remember

We're told 240 times in the Bible to *remember* (note [Isaiah 46:9](#); [John 14:26](#); [Psalm 103:2](#))

- A. Do we have things mixed-up? (note [James 1:19-20](#))
- B. How effective is your anger? Is it making you more like Jesus and pointing others to Jesus? Our so-called "righteous anger" is always about someone else's sin (i.e., "self-righteous" anger).
- C. What sets me off? = hurt, fear, frustration, injustice.
- D. Anger has a definable progression (note [Ephesians 4:31](#)).
- E. Our responses to anger = express, suppress, repress, or God's way, confess it.
- F. How can we learn to let go of anger? = lower my expectations of others and raise my gratitude for God's grace.
- G. Who are *those people* and what's the risk of not dealing with them God's way? (note [Ephesians 4:29-32](#)).
- H. We all tend to think of ourselves as being a bit above average and we always have to navigate the tension between being right but always being loving and not jerks.
- I. Bitterness is a concealed marauder (note [Hebrews 12:14-15](#)) - it dies when we bring it into the light.
- J. Forgiveness means I surrender my hurts to a sovereign God. I live in the hope of today and not the hurt of yesterday.

Knowing these truths is critical.

But where do we get the power to begin experiencing a more unoffendable life?

2. Be Filled With the Holy Spirit

- A. Confession and repentance.
- B. We need to know who we are in Jesus (note [Romans 6:5-7](#)).
- C. We need to believe that this truth is true for us (note [Romans 6:11](#)).
- D. We need to offer the parts of our body to the Holy Spirit (note [Romans 6:13, 16-18](#)) - it is this offering of all that we are physically, mentally, and emotionally that is our responsibility (note [Romans 6:19-22](#); [Galatians 5:25](#)).
- E. We need to ask to be filled with the Holy Spirit (note [Ephesians 5:18](#) and [Luke 11:13](#)) - to *keep in step with the Spirit* is an act of trust in a loving God who promises to give the Holy Spirit when we ask Him to take control.

CAN I LIVE AN UNOFFENDABLE LIFE?:

- Note [Ephesians 5:18](#)
- 2 Greek words for fill - one means to fill a jar with a liquid...
- ...in Ephesians 5:18, the word conveys the idea of to *fill with* wind.
- Today is a great day to set sail into the Spirit-filled life!
- Have you personally embraced these true principles in God's Word and intentionally asked God to fill you with the Holy Spirit?
- Is being filled with the Holy Spirit a regular, consistent experience in our lives, or is it an abandoned spiritual step?
- Let God *fill your sails* and discover (or rediscover) the Spirit-filled life.

Tell someone about the next step you took today in your spiritual journey! Let us know, too, and fill out our connect card (digital* or hard copy).

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