

SG

Your group matters.

DISCUSSION GUIDE

- Icebreaker -

Would you rather take a road trip with the “back seat driver” or “the dozer” who’s out cold as soon as you hit more than 45mph, and why?

1. What’s one thing that your family has struggled to deal with in a productive way over the years? (*Share in general terms about anyone besides yourself.*)
2. Pastor Tony toured some of the limbs that may exist on each of our family trees. What are some of the things that your family is dealing with from this list?
 - a. Read through the passages in your message notes related to what people chose from the list.
 - b. How have you fallen into the same trap, and what are some ways that you have taken steps to avoid the issues from your family’s past?
3. How should being a part of God’s family tree change the relationship between you and your physical family? Read [Matthew 1:6, 17, 7:20](#), [Galatians 3:13, 26-27](#), and [1 Peter 2:23-24](#)
4. Which of Pastor Tony’s “You do need...” statements reflect the reality of your situation, and what would it look like to live it out? (*Share in general terms about anyone besides yourself.*)
5. What are some ways that you can interact with your family this week which will model the reality of your *spiritual* family tree, and how could that affect the formation of healthy future family branches?

Day One: [Psalm 32](#)

Day Two: [Genesis 32](#)

Day Three: [Judges 8](#)

Day Four: [Isaiah 32](#)

Day Five: [Acts 4](#)

This Personal Guide has been adapted from Professor Grant Horner’s Bible Reading System.

PERSONAL GUIDE



RIVERSIDE CHURCH



Your story matters.

PASTOR TONY MYLES

SEPT 4, 2022

HONESTLY... I FREEZE UP AT TIMES WITH MY FAMILY

“Honestly...”

MYRC.CHURCH



“HONESTLY... I FREEZE UP AT TIMES WITH MY FAMILY”

Pastor Tony Myles

Your family experience is one of the biggest _____ influences on your identity, sense of belonging and purpose.

- God _____ the family to be where we discover who He is and what His love, goodness and power feel like.
- He meant it to begin in a _____ marriage between a husband and wife who overflow Christ into any kids.

Sadly, every home is messed up...

- which can make us feel _____ up...
- so we _____ up and blow up...
- or shut up and freeze up...
- but rather than break up, God calls us to _____ up.

All of your family members have _____ ways of dealing with the things they don't clearly know how to deal with.

- "Whoever troubles his own household will inherit the wind, and the fool will be servant to the wise of heart." ([Proverbs 11:29](#))

Check Your Family Tree...

Honestly... is one person's _____ impacting everyone's present?

- [2 Samuel 12:9-14](#)
- What we model gets mimicked or inverted... unless God gets to be _____.

Honestly... is someone's unchecked _____ taking over?

- [2 Samuel 13:1-2a, 15](#)
- We all have impulses and desires that can cause us to reach for _____ that looks like _____... and then leave it in the family _____.

Honestly... in not speaking, what am I _____?

- [2 Samuel 13:21-22](#)
- Sometimes we're mute because their sin is the _____ we started.
- Other times we freeze up because "_____ " is the new _____.
- If you don't speak the truth in love, you will eventually resent the people you love. Truth without grace is _____. Grace without truth is _____. You need both to foster a healthy home.

Honestly... what is building beneath appearances?

- [2 Samuel 13:23, 28-29, 36-38](#)
- Time doesn't heal all wounds - it only _____ healing.
- Even where there is devastating hurt, there can still be a loving longing.

Honestly... how might dissatisfaction spread to others from just one person who freely _____?

- [2 Samuel 15:1-6, 16](#)
- What appears to not be a direct attack is often a _____ one.

Honestly... are you super clear on the best _____?

- [2 Samuel 18:9, 33](#)
- When someone in the family gets what others may think they deserve, things are not inherently better... there is a _____.

Check Your Family Tree Again...

What am I not considering?

- [Matthew 1:6, 17](#)
- [Galatians 3:13, 26-27](#)
- [1 Peter 2:23-24 \(ESV\)](#)

Honestly...

- You do need to let your _____ say something.
- You do need to surrender your desire to be _____.
- You do need to be tested to discover better _____.
- You do need to be forgiven so you can _____.
- You do need to let the _____ you were handed be handed off.
- You do need to let others feel their choices, not by releasing them from something but to _____.

Don't miss this: As a part of God's family, you don't have to freeze up... for you will never run out of _____, _____, _____, _____, _____, _____ ... to give your flawed family, because God is God.

Tell someone about the next step you took today in your spiritual journey! Let us know, too, and fill out our connect card (digital* or hard copy).

*[MyRC.link/connect](#) or text **riverside** to **94000**

Truth without grace is mean. Grace without truth is meaningless. You need both to foster a healthy home. If you can't speak the truth in love, you will eventually resent the people you love.



“HONESTLY... I FREEZE UP AT TIMES WITH MY FAMILY”

Pastor Tony Myles

Your family experience is one of the biggest natural influences on your identity, sense of belonging and purpose.

- God designed the family to be where we discover who He is and what His love, goodness and power feel like.
- He meant it to begin in a Jesus-centered marriage between a husband and wife who overflow Christ into any kids.

Sadly, every home is messed up...

- which can make us feel beat up...
- so we puff up and blow up...
- or shut up and freeze up...
- but rather than break up, God calls us to build up.

All of your family members have blurry ways of dealing with the things they don't clearly know how to deal with.

- "Whoever troubles his own household will inherit the wind, and the fool will be servant to the wise of heart." ([Proverbs 11:29](#))

Check Your Family Tree...

Honestly... is one person's history impacting everyone's present?

- [2 Samuel 12:9-14](#)
- What we model gets mimicked or inverted... unless God gets to be God.

Honestly... is someone's unchecked lust taking over?

- [2 Samuel 13:1-2a, 15](#)
- We all have impulses and desires that can cause us to reach for poison that looks like water... and then leave it in the family fridge.

Honestly... in not speaking, what am I saying?

- [2 Samuel 13:21-22](#)
- Sometimes we're mute because their sin is the echo we started.
- Other times we freeze up because "busy" is the new lazy.
- If you don't speak the truth in love, you will eventually resent the people you love. Truth without grace is mean. Grace without truth is meaningless. You need both to foster a healthy home.

Honestly... what is building beneath appearances?

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- What appears to not be a direct attack is often a divisive one.

Honestly... are you super clear on the best ending?

- [2 Samuel 18:9, 33](#)
- When someone in the family gets what others may think they deserve, things are not inherently better... there is a loss.

Check Your Family Tree Again...

What am I not considering?

- [Matthew 1:6, 17](#)
- [Galatians 3:13, 26-27](#)
- [1 Peter 2:23-24 \(ESV\)](#)

Honestly...

- You do need to let your Father say something.
- You do need to surrender your desire to be in charge.
- You do need to be tested to discover better questions.
- You do need to be forgiven so you can forgive.
- You do need to let the curse you were handed be handed off.
- You do need to let others feel their choices, not be releasing them from something but to Someone.

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