

# SG

Your group matters.

## DISCUSSION GUIDE

- Icebreaker -

*Would you rather mow your lawn with a power weed trimmer, or a flock of sheep?*

1. How has your week gone in working through what we learned about being driven by guilt last week?
2. What is your initial reaction to reading [Matthew 18:21-22](#)?
3. Which of the misconceptions (from the message notes) about forgiveness have tripped you up in the past, and how does realizing they aren't real give you the ability to now forgive more freely?
4. How should your own need for, and God granting you forgiveness, then help you forgive others? [Romans 3:23](#), [Colossians 2:13-14](#), [1 John 1:9](#)
5. Unforgiveness comes with a heavy price. Who do you need to forgive to begin experiencing freedom and spiritual health again? [Ephesians 4:26-27, 31-32](#), [Matthew 18:23-35](#)
6. "Forgiveness has nothing to do with the person who has hurt us. It has everything to do with us." Pastor Tom ([Colossians 3:13](#)) What steps will you consciously choose to take this week to correct "The Wrong Turn of Resentment" you have taken?

Day One: [Psalm 28](#)

Day Two: [Proverbs 28](#)

Day Three: [Judges 4](#)

Day Four: [Isaiah 28](#)

Day Five: [Acts 28](#)

*This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.*

## PERSONAL GUIDE



# RIVERSIDE CHURCH



Your story matters.

**PASTOR TOM LUNDEEN**

**JULY 10, 2022**

# THE WRONG TURN OF RESENTMENT



## MYRC.CHURCH



# “THE WRONG TURN OF RESENTMENT”

Pastor Tom Lundeen

## MESSAGE NOTES

The \_\_\_\_\_ is that every single person...is driven by something.  
Drive = to guide, \_\_\_\_\_, direct.

God's Word tells us...that forgiving others opens our lives to God's \_\_\_\_\_.  
Note [Matthew 18:21-22](#)

### 1. \_\_\_\_\_ About Forgiveness

- A. Forgiveness isn't \_\_\_\_\_ someone's actions.
- B. *Time heals all wounds* - time \_\_\_\_\_!
- C. Forgiving others isn't \_\_\_\_\_ you're hurt.
- D. Forgiving others doesn't always require personal \_\_\_\_\_.
- E. Forgiveness doesn't mean \_\_\_\_\_ - forgiveness is \_\_\_\_\_...  
trust is \_\_\_\_\_.

### 2. \_\_\_\_\_ Our Need of Forgiveness

It's \_\_\_\_\_ people who forgive people.  
Note [Romans 3:23](#)

Without any fault, God could've righteously rejected us and allowed our sin to forever be a \_\_\_\_\_ preventing us from having a relationship with Him.  
Note [Psalm 103:12](#); [Colossians 2:13-14](#); [1 John 1:9](#)

### 3. Realize Unforgiveness has the \_\_\_\_\_ Effect

Resentment and unforgiveness always \_\_\_\_\_ you more than the person you resent.  
Unforgiveness allows others to exert \_\_\_\_\_ over us.  
The longer we hold onto the pain and hurt, the \_\_\_\_\_ the price we pay (note [Ephesians 4:26-27, 31-32](#)).

### 4. \_\_\_\_\_ the Other Person

Release = \_\_\_\_\_  
Note [Matthew 18:23-35](#)

Unforgiveness \_\_\_\_\_ God's blessing and forgiveness coming into our own lives.

- A. Forgive \_\_\_\_\_.
- B. Forgive \_\_\_\_\_.
- C. Forgive \_\_\_\_\_ - the catch is there is \_\_\_\_\_!
- D. Forgive \_\_\_\_\_ (note [Romans 12:18](#)).

### WHAT'S DRIVING ME?:

- If we decide to not forgive, we \_\_\_\_\_ God's best plan for our life, and we actually put ourselves in God's place (note [Romans 12:19](#)).
- Unforgiveness \_\_\_\_\_ strong and harsh chains in our lives.
- When we choose to forgive we \_\_\_\_\_ God to come in and heal the hurt.
- Unforgiveness is like drinking \_\_\_\_\_ and waiting for the other person to get sick.
- \_\_\_\_\_ has nothing to do with the person who has hurt us.
- It has everything to do with us (note [Colossians 3:13](#)).

Tell someone about the next step you took today in your spiritual journey!  
Let us know, too, and fill out our connect card (digital or hard copy).  
\*[MyRC.link/connect](#) or text **riverside** to **94000**



**SMALL GROUP**  
guide on the back



# “THE WRONG TURN OF RESENTMENT”

Pastor Tom Lundeen

## MESSAGE NOTES

The reality is that every single person...is driven by something.  
Drive = *to guide, control, direct.*

God's Word tells us...that forgiving others opens our lives to God's best.  
Note [Matthew 18:21-22](#)

### 1. Misconceptions About Forgiveness

- A. Forgiveness isn't justifying someone's actions.
- B. *Time heals all wounds* - time magnifies!
- C. Forgiving others isn't denying you're hurt.
- D. Forgiving others doesn't always require personal confrontation.
- E. Forgiveness doesn't mean trust - forgiveness is free...trust is earned.

### 2. Recall Our Need of Forgiveness

It's forgiven people who forgive people.  
Note [Romans 3:23](#)

Without any fault, God could've righteously rejected us and allowed our sin to forever be a wedge preventing us from having a relationship with Him.  
Note [Psalm 103:12](#); [Colossians 2:13-14](#); [1 John 1:9](#)

### 3. Realize Unforgiveness has the Boomerang Effect

Resentment and unforgiveness always hurts you more than the person you resent.  
Unforgiveness allows others to exert power over us.  
The longer we hold onto the pain and hurt, the bigger the price we pay (note [Ephesians 4:26-27, 31-32](#)).

### 4. Release the Other Person

Release = set free

Note [Matthew 18:23-35](#)

Unforgiveness blocks God's blessing and forgiveness coming into our own lives.

- A. Forgive ASAP.
- B. Forgive completely.
- C. Forgive freely - the catch is there is no catch!
- D. Forgive repeatedly (note [Romans 12:18](#)).

### **WHAT'S DRIVING ME?:**

- If we decide to not forgive, we circumvent God's best plan for our life, and we actually put ourselves in God's place (note [Romans 12:19](#)).
- Unforgiveness forges strong and harsh chains in our lives.
- When we choose to forgive we invite God to come in and heal the hurt.
- Unforgiveness is like drinking poison and waiting for the other person to get sick.
- Forgiveness has nothing to do with the person who has hurt us.
- It has everything to do with us (note [Colossians 3:13](#)).

Tell someone about the next step you took today in your spiritual journey!  
Let us know, too, and fill out our connect card (digital or hard copy).

\*[MyRC.link/connect](#) or text **riverside** to **94000**



**SMALL GROUP**  
guide on the back