



Your story matters.



PASTOR TOM LUNDEEN

NOVEMBER 28, 2021

MYRC.CHURCH



"CONQUERING OUR GIANTS" (Part 2)

Pastor Tom Lundeen

MESSAGE NOTES

Giants are problems/obstacles that _____ large over us, often produce fear, and paralyze us moving forward.

So how do you and I defeat these giants in our lives that detour, discourage, and paralyze us from the purpose and plan and _____ God has for our lives?

Last Sunday we looked at:

1. I Recall How God has been _____ to Me

2. I Use What God has Put in My Hands _____

How else does David model for us how we can conquer giants in our lives?

3. I Pursue _____ from the Right Source

In this account, _____ encouraged David? _____ did.

Note 1 Samuel 17:32-33

Note 1 Samuel 30:6

It's critically important that you and I learn how to encourage ourselves _____ because when we're trying to follow Jesus and His plan and purposes, and we come up against a giant on our journey, we often will discover that the only person who will encourage you is _____.

Encourage/_____ yourself in the Lord...

When I encourage myself in the Lord I'm embracing as my _____ trust in God's grace, power, goodness, and resources...
...there are problems, struggles, pain, and obstacles that are so difficult and giants so big that all the _____ thinking in the world can't touch it.

Trite sayings, cliches, and clever memes don't move the needle when you're dealing with large and intimidating giants.

In the most _____, darkest times of life, you need the solid rock of trust in the love, life, plan, and sovereignty of God to encourage yourself in the Lord because _____ and nothing else can give you that strength and encouragement.

4. I Count on God's _____

Note 1 Samuel 17:45-47

_____ matters (note Hebrews 11:6; Galatians 3:11; Romans 14:23b; Matthew 9:29).

God lets us choose to _____.

David was simply a _____, a weapon in God's hand to demonstrate His majesty and glory.

The faith-in-God factor is the _____-maker.

We are given the privilege of inviting the God of the universe into our lives and into our circumstances and to take the lead as we walk toward the giants that _____ into our lives.

What's your giant?:

- I have (and so do you) the choice and the privilege to count on God, to trust Him, to place my faith in His life, and His power and His _____.
- We need more than positive thinking, _____, and our own resources to conquer the giants in our lives.
- The good news is that God _____ us to trust Him and know He will help us conquer the giants.

*Tell someone about the next step you took today in your spiritual journey!
Let us know, too, and fill out our connect card (digital* or hard copy).*

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SMALL GROUP
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SG

Your group matters.

DISCUSSION GUIDE

Icebreaker: Be honest. Christmas music BEFORE or AFTER Thanksgiving this year? What one Christmas song do you need to hear for it to “feel” like Christmas?

1. Pastor Tom pointed out that in this story, no one encouraged David. Describe a time you were experiencing tough life circumstances and what a difference encouragement would have made for you.
2. Read [1 Samuel 17:32-33](#) and [1 Samuel 30:6](#). When faced with a “giant” or obstacle like David was in these passages, what can you do to be encouraged/strengthened in the Lord? Be specific in your examples.
3. Read through [1 Samuel 17:45-47](#). Pastor Tom taught us that to conquer giants we must recall how God has been faithful, use what He puts in my hands today, pursue encouragement from the right source, and count on God’s assistance. How did David demonstrate counting on God’s assistance in these verses?
4. Faith (counting on God’s assistance) matters, as outlined in [Hebrews 11:6](#); [Galatians 3:11](#); [Romans 14:23b](#); and [Matthew 9:29](#). Why do you think God gives us opportunities to trust Him and what should we learn from them?
5. What are some of your go-to excuses you use to keep from taking faith-filled steps in your life?
6. “I have (and so do you) the choice and the privilege to count on God, to trust Him, to place my faith in His life, and His power and His ability.” How can you trust God today and take a step toward conquering a giant in your life? Take time to pray together, thanking God for His care and power to conquer any giants in your life.

Day One: [Psalm 12](#)

Day Two: [Proverbs 12](#)

Day Three: [Joshua 12](#)

Day Four: [Isaiah 12](#)

Day Five: [Acts 12](#)

*This Personal Guide has been adapted from
Professor Grant Horner’s Bible Reading System.*

PERSONAL GUIDE



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In this account, who encouraged David? No one did.

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When I encourage myself in the Lord I'm embracing as my foundation trust in God's grace, power, goodness, and resources...

...there are problems, struggles, pain, and obstacles that are so difficult and giants so big that all the positive thinking in the world can't touch it.

Trite sayings, cliches, and clever memes don't move the needle when you're dealing with large and intimidating giants.

In the most desolate, darkest times of life, you need the solid rock of trust in the love, life, plan, and sovereignty of God to encourage yourself in the Lord because no one and nothing else can give you that strength and encouragement.

4. I Count on God's Assistance

Note 1 Samuel 17:45-47

Faith matters (note Hebrews 11:6; Galatians 3:11; Romans 14:23b; Matthew 9:29).

God lets us choose to trust Him.

David was simply a tool, a weapon in God's hand to demonstrate His majesty and glory.

The faith-in-God factor is the difference-maker.

We are given the privilege of inviting the God of the universe into our lives and into our circumstances and to take the lead as we walk toward the giants that intrude into our lives.

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- I have (and so do you) the choice and the privilege to count on God, to trust Him, to place my faith in His life, and His power and His ability.
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