

Your story matters.









MYRC.CHURCH



"FACING OUR GIANTS"

Pastor Tom Lundeen

MESSAGE NOTES

Giants are problems/obstacles that loom large over us, often produce
and paralyze us moving forward.
encounters giants in their life.
What most of us don't realize is that before David ever faced Goliath, he had to
face at least other <i>giants</i> that all of us will also face.
1 Davidania a
1. Paralyzing
Sometimes it seems like circumstances, or even, hold us
back from our dream or shatter our hope (note <u>1 Samuel 16:13</u>).
Note <u>1 Samuel 16:14-23</u>
Note <u>1 Samuel 17:12-15</u>
Note 1 Samuel 17: 17-19
Sometimes even people who really love you or know better can interrupt/
delay God's for your life.
2. Shattering Disappointments
Shactering Disappointments
Note <u>1 Samuel 17:8-11</u>
Goliath created an of fear, anxiety, and
hopelessness in Israel. And we live in a time where if we allow it, we are
constantly by negativity and hopelessness.
Everyone had already decided that Goliath was and
they were in a no-win situation.

, Who th	ney were to (note <u>1 Samuel 17:16</u>).
lsrael v what a	there wasn't cable news and social media in 1 Samuel 17the army of was experiencing for the first time in this setting 24 hour news cycle, cable news, and social media can do to people who assumed with messages and sights day after day.
	has to navigate the grip of defeatism, fear, and negativity that had as the status quo, as the conventional wisdom.
The red	ality is conventional wisdom isn't always
The sto	atus quo is not always God's
What	's your giant?:
•	So who are you to?
•	If you're listening, reading, and watching negative, fearful,, and angry people, guess what?
•	These things are all far more contagious than any
•	David had to face 2 giants before he ever came face-to-face with Goliath, and he was able to deal with both of them because of whose

• So who are you trusting?

listened to (note 1 Samuel 17:26b, 37).

Whv?

• Who are you listening to?

Tell someone about the next step you took today in your spiritual journey!

Let us know, too, and fill out our connect card (digital* or hard copy).

*MyRC.link/connect or text riverside to 94000





DISCUSSION GUIDE

Icebreaker: Would you rather have to eat coffee-flavored food for the rest of your life, or never drink any coffee-related products again?

- 1. Recount a situation where you had to wait a long time for something to change. What emotions did you experience as you waited?
- 2. Read <u>1 Samuel 16:13</u>. As Pastor Tom highlighted, David was promised to one day become king, but in the meantime still tended his father's sheep and served King Saul. How are your emotions similar to David's in times of waiting? Read Psalm 130.
- 3. Read <u>1 Samuel 17:8-11 & 25-26</u>. Why do you think David, who potentially had the most to lose if Israel fell, responded so fearlessly to Goliath's threats? What was the difference between his source of motivation, and that of his fellow Israelites?
- 4. Read <u>1 Samuel 17: 34-37</u>. David let God serve as the loudest voice in both the mundane and challenging moments of his life. What voices do you allow to influence your life?
- 5. Share at least one area of life you need to hear God's voice or trust Him. Take time to pray for the person on your left as you finish the night.

Day One: Matthew 11

Day Two: <u>Genesis 11</u>

Day Three: Romans 11

Day Four: 1 Timothy 3

Day Five: Job 11

This Personal Guide has been adapted from Professor Grant Horner's Bible Reading System.

PERSONAL GUIDE



"FACING OUR GIANTS"

Pastor Tom Lundeen

MESSAGE NOTES

Giants are problems/obstacles that loom large over us, often produce <u>fear</u>, and paralyze us moving forward.

Everyone encounters giants in their life.

What most of us don't realize is that before David ever faced Goliath, he had to face at least 4 other *giants* that all of us will also face.

1. Paralyzing Interruptions

Sometimes it seems like circumstances, or even <u>people</u>, hold us back from our dream or shatter our hope (note <u>1 Samuel 16:13</u>).

Note <u>1 Samuel 16:14-23</u>

Note <u>1 Samuel 17:12-15</u>

Note 1 Samuel 17: 17-19

Sometimes even people who really love you or know better can interrupt/delay God's <u>perfect plan</u> for your life.

2. Shattering Disappointments

Note <u>1 Samuel 17:8-11</u>

Goliath created an <u>atmosphere</u> of fear, anxiety, and hopelessness in Israel. And we live in a time where if we allow it, we are constantly <u>bombarded</u> by negativity and hopelessness.

Everyone had already decided that Goliath was <u>unbeatable</u> and they were in a no-win situation.

Why?

Who they were <u>listening</u> to (note <u>1 Samuel 17:16</u>).

While there wasn't cable news and social media in 1 Samuel 17...the army of Israel was experiencing for the first time in this <u>localized</u> setting what a 24 hour news cycle, cable news, and social media can do to people who are consumed with <u>negative</u> messages and sights day after day...

David has to navigate the grip of defeatism, fear, and negativity that had been <u>adopted</u> as the status quo, as the conventional wisdom.

The reality is conventional wisdom isn't always right.

The status quo is not always God's plan.

What's your giant?:

- So who are you <u>listening</u> to?
- If you're listening, reading, and watching negative, fearful, <u>bitter</u>, and angry people, guess what...?
- These things are all far more contagious than any <u>virus</u>.
- David had to face 2 giants before he ever came face-to-face with Goliath, and he was able to deal with both of them because of whose plan he <u>trusted</u>, and because of whose <u>voice</u> he listened to (note <u>1 Samuel 17:26b, 37</u>).
- So who are you trusting?
- Who are you listening to?

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