

# SG

Your *group* matters.

## DISCUSSION GUIDE

*Icebreaker:* What's your favorite MN State Fair food (if you go) or your go-to menu item when eating at your favorite restaurant? How do you feel about trying new foods?

1. As you read and consider [Ephesians 5:15-17](#), along with your reading from the intro and chapter 1 of *Better Decisions, Fewer Regrets*, how would you rate your decision making over the past 12 months?
2. How does the principle of God wanting our whole life (read [Romans 6:13](#)) resonate with you? Does it affirm or convict?
3. What are some things that are causing you to make poor decisions? Read [Matthew 6:24](#) and [Luke 9:59-61](#).
4. What good spiritual habits have you allowed to die over the past 12 months that you know would help you make better decisions? What are you going to do about it?
5. Pastor Tom said "We live life to the fullest by living for Him who died for us." Read [2 Corinthians 5:15](#) and name some ways that you are living for yourself instead of to please Christ. What would have to change for those things to be reversed?
6. What would your life look like if you lived out just what you have learned in the first week of the Journey? Is there someone you should invite to sit with you as we head into week two?

*Better Decisions, Fewer Regrets*—Introduction & Chapter 1 (pages 1-18)

*2 Samuel 11*

**WEEKLY READING**



Your *story* matters.



# Decisions, Decisions

PASTOR TOM LUNDEEN  
SEPTEMBER 12TH, 2021

MYRC.CHURCH

**better decisions**  
fewer regrets

## "DECISIONS, DECISIONS"

Pastor Tom Lundeen

Today I'm challenging and inviting everyone at Riverside to fully engage these next 6 weeks in our next all-church spiritual journey because if you will, God will use it to help you experience a more intentional life that will help you make \_\_\_\_\_ decisions with fewer regrets (note [Ephesians 5:15-17](#)).

### 1. What is God's Desire for Me? (My \_\_\_\_\_ Life)

Note [Romans 6:13](#)

*The only thing Christianity cannot be is moderately \_\_\_\_\_.*  
(C.S. Lewis)

If Jesus is who He said He is and the Christian faith is true, then He deserves \_\_\_\_\_ we are and have.

Note [Deuteronomy 10:12](#)

I can't have \_\_\_\_\_ priorities (note [Matthew 6:24](#)).

Note [Luke 9:59-61](#)

Where are we saying to God, "\_\_\_\_\_?"

Note [Luke 14:18-20](#)

What \_\_\_\_\_ do I keep giving to God to put myself first?

Note [Proverbs 3:5-6](#); [Matthew 6:33](#)

### 2. What's My Part?

Note [Proverbs 10:17a](#)

Disciple = \_\_\_\_\_ (note [1 Timothy 4:7](#))

Discipline = \_\_\_\_\_ gratification.

Our \_\_\_\_\_ define our character.

- A. The discipline of saying \_\_\_\_\_ (note [Hebrews 12:1](#)) - two things that \_\_\_\_\_ any spiritual progress and \_\_\_\_\_ our spiritual potential are *sin* and *weight*...making better decisions makes \_\_\_\_\_ for God. Not everything in life is of \_\_\_\_\_...
- B. The discipline of saying \_\_\_\_\_ (note [Luke 10:40-42](#)) - the average person lives \_\_\_\_\_ days—isn't it a good and wise investment to take about \_\_\_\_\_ of those days and figure out what to do with the rest of them? We can't do it \_\_\_\_\_ and that's okay. It's not all \_\_\_\_\_ (note [Psalm 39:6b](#); [Proverbs 10:27](#); [Philippians 2:13](#)).

### 3. Why Does This \_\_\_\_\_?

Note [2 Corinthians 5:15](#)

We live life to the fullest by living for Him who \_\_\_\_\_.

Note [Romans 12:1](#); [2 Corinthians 6:1](#)

#### ***Am I making better decisions so I can have fewer regrets?:***

- *Only one life, so soon it will \_\_\_\_\_; only what's done for Christ will last.* (C.T. Studd)
- Let's commit ourselves to God and be part of something special (note [Habakkuk 3:2](#)).

*Tell someone about the next step you took today in your spiritual journey! Let us know, too, and fill out our connect card (digital\* or in person), get your book(s) and other materials, then make sure to sign up for a small group at GroupLink at any of our campuses.*

\*[MyRC.link/connect](#) or text *riverside* to 94000



**better decisions**  
fewer regrets

## "DECISIONS, DECISIONS"

*Pastor Tom Lundeen*

Today I'm challenging and inviting everyone at Riverside to fully engage these next 6 weeks in our next all-church spiritual journey because if you will, God will use it to help you experience a more intentional life that will help you make healthier decisions with fewer regrets (note Ephesians 5:15-17).

### 1. What is God's Desire for Me? (My Entire Life)

Note Romans 6:13

*The only thing Christianity cannot be is moderately important.* (C.S. Lewis)

If Jesus is who He said He is and the Christian faith is true, then He deserves everything we are and have.

Note Deuteronomy 10:12

I can't have two priorities (note Matthew 6:24).

Note Luke 9:59-61

Where are we saying to God, "Me first"?

Note Luke 14:18-20

What excuse do I keep giving to God to put myself first?

Note Proverbs 3:5-6; Matthew 6:33

### 2. What's My Part?

Note Proverbs 10:17a

Disciple = discipline (note 1 Timothy 4:7)

Discipline = delayed gratification.

Our habits define our character.

- A. The discipline of saying no (note Hebrews 12:1) - two things that hinder any spiritual progress and waste our spiritual potential are sin and weight...making better decisions makes space for God. Not everything in life is of equal value...
- B. The discipline of saying yes (note Luke 10:40-42) - the average person lives 28,722 days—isn't it a good and wise investment to take about 50 of those days and figure out what to do with the rest of them? We can't do it all and that's okay. It's not all worth doing (note Psalms 39:6b; Proverbs 10:27; Philippians 2:13).

### 3. Why Does This Matter?

Note 2 Corinthians 5:15

We live life to the fullest by living for Him who died for us.

Note Romans 12:1; 2 Corinthians 6:1

#### ***Am I making better decisions so I can have fewer regrets?:***

- *Only one life, so soon it will pass; only what's done for Christ will last.* (C.T. Studd)
- Let's commit ourselves to God and be part of something special (note Habakkuk 3:2).

*Tell someone about the next step you took today in your spiritual journey! Let us know, too, and fill out our connect card (digital\* or in person), get your book(s) and other materials, then make sure to sign up for a small group at GroupLink at any of our campuses.*

\*MyRC.link/connect or text riverside to 94000

