



Your story matters.



BACK *TO THE* **FUTURE**

"FAMILY & FOCUS"

PASTOR NATE SICKLER, SUNDAY, SEPT. 6, 2020

MYRC.CHURCH



“Family & Focus”

[Nate Sickler, Sauk Rapids Campus
and Small Groups Pastor]

MESSAGE NOTES

_____ has been a challenge in 2020

Since God never wastes anything, He hasn't intended for us to go on this difficult and challenging journey so that the end result will be that we just go back to what we were, or just develop a new normal.

God wants to lead us to an extraordinary life that we could only begin to experience by having walked through these painful circumstances and hard times.

Parenting is hard _____ ([Genesis 3:16a](#))

Parenting is the process of _____ raising up children in the _____ and _____ of the Lord. ([Ephesians 6:4](#))

Biblical definition of _____ = the biblical process of teaching and training your children to _____ (Young).

How do we lead others through challenging times when we don't _____ like we _____ see the next step?

To _____ through crisis we must _____

_____ requires...

_____ ([Ephesians 3:16](#))

_____ ([Ephesians 3:17a](#))

_____ ([Ephesians 3:17b-19](#))

These are _____ possible through the work of the _____
_____ in our lives ([Ephesians 3:16, 20](#))

Refocusing _____ joy ([John 15:9-12](#))

Instead of back to the future:

- Take a _____
- Be _____ in _____
- Have _____ ([Psalm 94:19](#))



SMALL GROUP
guide on the back



DISCUSSION GUIDE

Icebreaker: Now that Pumpkin Spice Lattes are back on menus, it's officially safe to ask; what fall food or activity are you most excited about?

1. What have been some of your challenges around staying focused during the last six months?
2. Read [Genesis 3:16a](#) & [Ephesians 6:4](#). What are some of the hard things you've experienced as a parent and what did you learn, or are you learning in them? *If you're not a parent, what have you observed in those you know?*
3. What are some of the joys you've experienced as a parent, especially in relation to your children's relationship with God? *What are some of the things you're looking forward to, should you become a parent?*
4. How have you refocused during COVID-19 in order to lead your family, whatever your place, through crisis?
5. Pastor Nate referenced needing three things in order to refocus. Read [Ephesians 3:16-20](#) and share how the Holy Spirit has been working these out in your family.
6. Read [John 15:9-12](#). What are some next steps that God is prompting you to take for you to be able to experience Holy Spirit joy?
7. How can we as a group hold one another accountable for taking steps as well as celebrating victories together?

Day 1: [Ecclesiastes 8](#)

Day 2: [Ecclesiastes 9](#)

Day 3: [Ecclesiastes 10](#)

Day 4: [Ecclesiastes 11](#)

Day 5: [Ecclesiastes 12](#)

PERSONAL GUIDE



“Family & Focus”

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MESSAGE NOTES

Focus has been a challenge in 2020

Since God never wastes anything, He hasn't intended for us to go on this difficult and challenging journey so that the end result will be that we just go back to what we were, or just develop a new normal.

God wants to lead us to an extraordinary life that we could only begin to experience by having walked through these painful circumstances and hard times.

Parenting is hard work ([Genesis 3:16a](#))

Parenting is the process of joyfully raising up children in the discipline and instruction of the Lord. ([Ephesians 6:4](#))

Biblical definition of parenting = the biblical process of teaching and training your children to leave (Young).

How do we lead others through challenging times when we don't feel like we fully see the next step?

To lead through crisis we must refocus.

Refocusing requires...

Strength ([Ephesians 3:16](#))

Trust ([Ephesians 3:17a](#))

Love ([Ephesians 3:17b-19](#))

These are only possible through the work of the Holy Spirit in our lives
([Ephesians 3:16, 20](#))

Refocusing produces joy ([John 15:9-12](#))

Instead of back to the future:

- Take a deep breath
- Be confident in Christ
- Have fun ([Psalm 94:19](#))



SMALL GROUP
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